

Topics	Skillset	A	B	C	D	E	F	G	H
Breathing	Identify if patient is breathing normally	X	X	X	X	X	X	X	X
	Correctly assess breathing rate, depth and quality			X	X	X	X	X	X
	Perform basic chest examination (RV FLAPS WET)				X	X	X	X	X
	Identify life-threatening chest conditions				X	X	X	X	X
	Management of tension pneumothorax							X	X
	Recognition of tension pneumothorax development				X	X	X	X	X
	Finger thoracostomy								X
	Needle decompression							X	X
	Chest drain insertion								X
	Management of sucking chest wound								
	Recognition of a sucking chest wound				X	X	X	X	X
	Application & management of occlusive chest dressings				X	X	X	X	X
	Management of flail chest								
	Recognition of immediately life-threatening flail chest				X	X	X	X	X
	Splintage of immediately life-threatening flail chest				X	X	X	X	X
	Appropriate pain management to assist ventilation				X	X	X	X	X
	Management of cardiac tamponade								
	Recognition of cardiac tamponade							X	X
	Thoracostomy								X
	Management of massive haemothorax								
	Recognition of massive haemothorax/ internal chest bleeding				X	X	X	X	X
	Competent management of massive haemothorax								X
	Understanding of enviro limitations of pulse oximetry, use if appropriate					X	X	X	X
	Ability to monitor & react to end tidal CO2						X	X	X
	Administration of Oxygen								X
	Safely configure an Oxygen system for use				X	X	X	X	X
	Free-flow oxygen (+ correct mask choice)				X	X	X	X	X
	Nebulisation					X	X	X	X
	Nebulisation with T-piece								X
	Oxygen delivery via Bag-valve-mask				X	X	X	X	X
	Oxygen delivery via mechanical ventilator (PPR) if available								X
Use of expired air ventilation (mouth-to-mouth/to nose)	X	X	X	X	X	X	X	X	
Use of pocket-mask ventilation		X	X	X	X	X	X	X	

Topics	Skillset	A	B	C	D	E	F	G	H	
Circulation	Assess presence of circulation	x	x	x	x	x	x	x	x	
	Measure pulse rate and rhythm			x	x	x	x	x	x	
	Assess blood pressure						x	x	x	
	Measure capillary refill time			x	x	x	x	x	x	
	Assessment of heart sounds							x	x	
	Use of pre-hospital imaging techniques								x	
	Assessment of blood loss			x	x	x	x	x	x	
	Perform haemorrhage control									
	Apply direct pressure	x	x	x	x	x	x	x	x	
	Elevation of limb	x	x	x	x	x	x	x	x	
	Apply indirect pressure	x	x	x	x	x	x	x	x	
	Wound packing				x	x	x	x	x	
	Wound closure								x	
	Splintage as a haemorrhage control method				x	x	x	x	x	
	Use of haemostatic agents				x	x	x	x	x	
	Application of windlass				x	x	x	x	x	
	Use of appropriate medication for haemorrhage control								x	x
	Application of pelvic splintage				x	x	x	x	x	
	Use of traction devices								x	x
	Attain intravascular access (IV/IO)								x	x
	Administration of appropriate IV fluids								x	x
	Ability to administer blood products (if available and appropriate)									x
Application of appropriate wound dressings	x	x	x	x	x	x	x	x	x	
Ability to perform a twelve lead ECG							x	x	x	
Ability to interpret a twelve lead ECG							x	x	x	

Topics		Skillset	A	B	C	D	E	F	G	H
Disability	Assess AVPU			X	X	X	X	X	X	X
	Use Glasgow Coma Score							X	X	X
	Assess PERL						X	X	X	X
	Identify indicators of underlying head injury				X	X	X	X	X	X
	Assessment of traumatic brain injury							X	X	X
	Perform a FASTest (acute stroke)		X	X	X	X	X	X	X	X
	Perform a more indepth neurological examination								X	X
	Assess neurovascular status					X	X	X	X	X
	Assess Blood Glucose level with a glucometer							X	X	X
Exposure	Differentiate Cold from Hypothermia					X	X	X	X	X
	Differentiate heat exhaustion from Heat stroke					X	X	X	X	X
	Recognise possibility of and prevent hypothermia			X	X	X	X	X	X	X
	Recognise possibility of and prevent hyperthermia			X	X	X	X	X	X	X
	Assessment,treatment and casualty handling of patients exposed to extremes of temperature in an austere environment.					X	X	X	X	X
Casualty handling	Appropriate packaging of patient for evacuation					X	X	X	X	X
	Assist with transfer of patient		X	X	X	X	X	X	X	X
	Manage transfer of patient to appropriate evacuation device					X	X	X	X	X
	Ability to medically assist in safe extrication of a patient in an operational environment					X	X	X	X	X
	Ability to medically manage the safe extrication of a patient in an operational enviorn					X	X	X	X	X
	Ability to understand and make disposition decision					X	X	X	X	X
	Provide appropriate clinical handover to next echelon of care				X	X	X	X	X	X
Casualty handling techniques (appropriate to level and environ)			X	X	X	X	X	X	X	
Obstetrics	Ability to carry out cABCDE appropriately in a pregnant woman				X	X	X	X	X	X
	Manage the complications of pregnancy							X	X	X
	Management of pregnancy-related bleeding								X	X
	Manage a normal delivery								X	X
	Manage the common complications of delivery									X
	Aware of the complications of rescue packaging and transport					X	X	X	X	X

Topics	Skillset	A	B	C	D	E	F	G	H
Paediatrics	Ability to carry-out Basic Life Support protocols on a child and infant	x	x	x	x	x	x	x	x
	Ability to provide basic resuscitation to a neonate				x	x	x	x	x
	Knowledge of normal anatomy & physiology of a child					x	x	x	x
	Knowledge of the differences in triage parameters for children of different ages							x	x
	Manage common childhood emergencies						x	x	x
	Completed a appropriate child & vulnerable adult training <3yrs ago if operationally encountered			x	x	x	x	x	x
Mental health	Awareness of simple consent issues			x	x	x	x	x	x
	Awareness of simple mental health issues					x	x	x	x
	Be able to perform a competency assessment							x	x
	Be able to understand and apply the current Mental Health Act							x	x
	Be able to understand and apply the current Mental Capacity Act							x	x
	Ability to perform a mental capacity assessment							x	x
	Ability to administer appropriate medication as necessary								x
Understand the law regarding section 136 (or equivalent) and 'Place of Safety'						x	x	x	
Thermal injury	Ability to assess the extent and severity of thermal injury					x	x	x	x
	Recognise when specialist input is needed		x	x	x	x	x	x	x
	Recognise public health risks of chemical agents and carry out appropriate actions				x	x	x	x	x
	Understand and apply the HAZMAT code		x	x	x	x	x	x	x
	Apply appropriate treatment and burns dressings							x	x
	Competence in managing the severe complications of burns (i.e. escharotomy)								x
Musculoskeletal injuries	Make appropriate referral		x	x	x	x	x	x	x
	Ability to perform basic joint examinations				x	x	x	x	x
	Identification of dislocation								x
	Recognition of likely fracture		x	x	x	x	x	x	x
	Recognition & appropriate initial treatment of soft tissue injury							x	x
	Reduction of dislocations where appropriate				x	x	x	x	x
	Reduction of fractures where appropriate				x	x	x	x	x
	Use of appropriate analgesia							x	x
	Management of open fractures according to current NICE guidelines				x	x	x	x	x

Topics	Skillset	A	B	C	D	E	F	G	H
Drowning	Recognition and management of unconscious drowned patient	X	X	X	X	X	X	X	X
	Recognition and management of conscious drowned patient				X	X	X	X	X
	Recognition of late complications of drowning				X	X	X	X	X
Death	Identification of life extinct in exceptional circumstances			X	X	X	X	X	X
	Understanding of life extinct in remote or SAR environ protocols				X	X	X	X	X
	Recognition of life extinct in remote or SAR environ				X	X	X	X	X
	Legal recognition of life extinct in routine pre-hospital practise							X	X
Medical	Ability to recognise common medical emergencies		X	X	X	X	X	X	X
	Ability to treat common medical emergencies					X	X	X	X
	Ability to provide definitive treatment of certain medical conditions						X	X	X
	Ability to definitively treat and discharge a patient at scene.							X	X
	Demonstrate the immediate pre-hospital emergency management of the following acute medical presentation								
	Airway obstruction / choking / stridor	X	X	X	X	X	X	X	X
	Acute breathlessness				X	X	X	X	X
	Cardiac arrest and peri-arrest								
	Hypotension and shock						X	X	X
	Palpitation and cardaic arrhythmia							X	X
	Acute headache						X	X	X
	Acute vomiting						X	X	X
	Acute abdominal / loin / scrotal pain						X	X	X
	Acute confusional state						X	X	X
	Collapse / transient loss of consciousness	X	X	X	X	X	X	X	X
	The unconscious patient	X	X	X	X	X	X	X	X
	Intoxication and poisoning						X	X	X
	The fitting patient		X	X	X	X	X	X	X
	Acute allergic reaction			X	X	X	X	X	X
	Acute non-traumatic neck / back pain						X	X	X
	Sudden weakness / paralysis / abnormal sensation			X	X	X	X	X	X
	Acute visual disturbance / red eye						X	X	X
	Acute febrile illness						X	X	X
Acute gastrointestinal haemorrhage						X	X	X	
Acute limb pain and/or swelling						X	X	X	

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Medical	Acute rash				X	X	X	X	X
	Acute haemoptysis						X	X	X
	Acute epistaxis		X	X	X	X	X	X	X
	Acute pain				X	X	X	X	X
	Acute thermal illness		X	X	X	X	X	X	X
	Bites, strings and envenomation		X	X	X	X	X	X	X
	Clinical recognition and management of diabetic hypoglycaemia					X	X	X	X
	Recognition and management of diabetic hyperglycaemia						X	X	X
	Recognition and immediate mangement of Stroke/TIA			X	X	X	X	X	X
	Headache management						X	X	X
	Recognition and management of sudden weakness						X	X	X
	Assessment, diagnosis and management of GI disturbance/Abdo pain						X	X	X
	Recognition of main causes of chest pain			X	X	X	X	X	X
	Management/ referral for main causes of chest pain - Myocardial Infarction					X	X	X	X
	Myocardial Infarction drug management, including analgesia						X	X	X
	Direct referral to PCI for STEMI patients						X	X	X
	Management/ referral for main causes of chest pain - Musc skeletal injury					X	X	X	X
	Management/ referral for main causes of chest pain - Pulmonary embolus						X	X	X
	Management/ referral for main causes of chest pain - costochondritis								X
	Management/ referral for main causes of chest pain - angina					X	X	X	X
	Management/ referral for main causes of chest pain - pneumonia					X	X	X	X
	Management/ referral for main causes of chest pain - aortic dissection							X	X
	Management/ referral for main causes of chest pain - pleurisy							X	X
	Management/ referral for main causes of chest pain - pericarditis							X	X
	Management/ referral for main causes of chest pain - pneumothorax						X	X	X
	Management/ referral for main causes of chest pain - chest infection						X	X	X
	Management/ referral for main causes of chest pain - indigestion					X	X	X	X
	12 lead ECG completion/interpretation							X	X
	Recognition of non-traumatic limb swelling						X	X	X
	Recognition of Allergy/Anaphylaxis/Bites and stings		X	X	X	X	X	X	X

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Medical	IM adrenaline for Anaphylaxis			X	X	X	X	X	X
	Recognition of common Toxicity and Poisoning			X	X	X	X	X	X
	Management for common toxins/poisons						X	X	X
	Recognition of Meningitis in adults and children				X	X	X	X	X
	Management of Meningitis in adults and children						X	X	X
	IV/IM/IO Antibiotics for Meningitis						X	X	X
	Recognition/Management of Sepsis						X	X	X
	Recognition/management of hypothermia			X	X	X	X	X	X
	Recognition/management of exposure/cold injuries				X	X	X	X	X
	Recognition/management of heat exhaustion			X	X	X	X	X	X
Recognition/management of heat stroke				X	X	X	X	X	

Annexe of Additional Skills some Level H providers may have:

Rapid Sequence Induction (RSI)

Thoracotomy

eFAST (Extended Focused Assessment with Sonography for Trauma)

Emergency Caesarean Section